Purpose:
To provide a triage protocol to allocate scarce healthcare resources (in-
tensive care services, including ventilators) to those who are most likely
to benefit medically during a pandemic respiratory crisis or
other emergency situation that has the potential to overwhelm
available intensive care resources. Application of these guidelines will
require physician judgment at the point of patient care.

Basic premises:
- **Graded guidelines** should be used to control resources more
tightly as the severity of a pandemic increases.
- **Priority should be given to patients for whom treatment**
  *most likely would be lifesaving* and whose functional outcome
  most likely would improve with treatment. Such patients should be
given priority over those who would likely die even with treatment
and those who would likely survive without treatment.
- **Under a declared state of emergency, the governor maintains the**
  authority to supersede healthcare regulations or statutes that may
  come into conflict with these guidelines.

Scope:
- **These triage guidelines apply to all healthcare**
  professionals, clinics, and facilities in North Texas.
- **The guidelines apply to all patients 14 years and older.**
  Please see Hospital and ICU Triage Guidelines for Pediatrics for
  patients 13 years and younger.

When activated:
Guidelines should be activated in the event the governor declares a
pandemic respiratory crisis or other public health emergency that has
the potential to overwhelm available intensive care resources.

Hospital and medical staff planning:
- **Each hospital should:**
  - Establish a **triage committee** for the review and support of
    compliance with this policy when implemented. Consider a team
    of at least 3 individuals, including an intensivist and 2 or more
    of the following: the hospital medical director, a nursing supervisor,
    a board member, a member of the hospital ethics committee,
    a pastoral care representative, a social worker, and 1 or more
    independent physicians.
  - Institute a **supportive and/or palliative care team** to provide
    symptom management, counseling, and care coordination for patients,
    and support for families of patients who do not receive intensive care
    unit services.
- **Medical staff** should establish a method of providing peer support
  and expert consultation to physicians making these decisions.
# Overview of Pandemic Triage Levels

## Triage Level 1
**Early in the pandemic**

- As the threat of the activation of the triage protocol increases, each hospital will cancel outpatient procedures, including elective surgeries that require a back-up option of hospital admission and ventilator support if complications arise.
- Note: In the event of a severe and rapidly progressing pandemic, start with Triage Level 2.

## Triage Level 2
**Worsening pandemic**

- Hospitals have surged to maximum bed capacity, and emergency departments are overwhelmed.
- There are not enough beds to accommodate all patients needing hospital admission and not enough ventilators to accommodate all patients with respiratory failure.
- Hospital staff absenteeism is 20% to 30%.

## Triage Level 3
**Worst-case scenario**

- Hospitals have implemented altered standards of care regarding nurse/patient ratios and have expanded capacity by adding patients to occupied hospital rooms.
- Hospital staff absenteeism is 30% to 40%.

## Pre-Hospital Settings

### Initial Triage

**Applies to**: Patients who appear for care in physician offices or clinics, or in pre-evaluation spaces for emergency departments

**Implemented by**: Physicians, clinic staff, pre-screening staff

**Other uses**: Publish in newspapers, place on Web sites for self-use by public

**ALL Triage Levels**: Use INITIAL TRIAGE TOOL (Appendix A) to provide initial triage screening, as well as instructions and directions for patients who need additional care or medical screening.

### EMS, Physician Offices and Clinics

**Applies to**: Patients who present for care or call for guidance for where to go or how to care for ill family members

**Implemented by**: Primary care staff, hospital help lines, community help lines, and health department help lines

**Triage Level 1**: Use INITIAL TRIAGE TOOL (Appendix A) to evaluate patients before sending to hospital ED or treating in an outpatient facility.

**Triage Levels 2 and 3**: Continue to use INITIAL TRIAGE TOOL (Appendix A).

Initiate EXCLUSION CRITERIA for Hospital Admission (page 5) to evaluate patients. Do not send patients meeting EXCLUSION CRITERIA to the hospital for treatment. Send home with care instructions (Appendices pending).

### Home Care, Long-term Care Facilities, and Other Institutional Facilities (e.g., mental health, correctional, handicapped)

**Applies to**: Patients in institutional facilities

**Implemented by**: Institutional facility staff

**ALL Triage Levels**: Ensure that all liquid oxygen tanks are full.

Limit visitation to control infection.

**Triage Levels 2 and 3**: Use EXCLUSION CRITERIA for Hospital Admission (page 5) to evaluate patients. Do not transfer patients meeting exclusion criteria to the hospital for treatment.

Give palliative and supportive care in place.
**HOSPITAL SETTINGS**

**Hospital Administrative Roles — General**
(Refer to page 8 for definitions of elective surgery categories.)

**Triage Level 1:**

1) **Preserve bed capacity** by:
   - Canceling all Category 2 and 3 elective surgeries, and advising all Category 1 elective surgery patients of the risk of infection.
   - Canceling any elective surgery that would require postoperative hospitalization.
   - **Note:** Use standard operation and triage decision for admission to ICU because resources are adequate to accommodate the most critically ill patients.

2) **Preserve oxygen capacity** by:
   - Phasing out all non-acute hyperbaric medicine treatments.
   - Ensuring that all liquid oxygen tanks are full.

3) **Improve patient care capacity** by transitioning space in ICUs to accommodate more patients with respiratory failure.

4) **Control infection** by limiting visitation (follow hospital infection control plan).

**Triage Level 2:**

1) **Preserve bed capacity** by:
   - Canceling all elective surgeries unless necessary to facilitate hospital discharge.
   - Evaluating hospitalized Category 1 elective surgery patients for discharge using same criteria as medical patients.

2) **Improve patient care capacity** by implementing altered standards of care regarding nurse/patient ratios and expanding capacity by adding patients to occupied hospital rooms.

3) **Institute a supportive and/or palliative care team** to provide symptom management, counseling and care coordination for patients, and support for families of patients who do not receive intensive care unit services.

**Triage Level 3:**

1) **Preserve bed capacity** by limiting surgeries to patients whose clinical conditions are a serious threat to life or limb, or to patients for whom surgery may be needed to facilitate discharge from the hospital.

Emergency Department, Hospital and ICU — Clinical Triage

Use **HOSPITAL AND ICU/VENTILATOR ADMISSION TRIAGE** ALGORITHM AND TOOLS (pages 4 and 5) to determine which patients to send home for palliative care or medical management and which patients to admit or keep in hospital or ICU. Note that the lowest priority for admission is given to patients with the lowest chance of survival with or without treatment, and to patients with the highest chance of survival without treatment.

Physician judgment should be used in applying these guidelines.

---

**Triage Level 2:**

- Initiate **HOSPITAL AND ICU/VENTILATOR ADMISSION TRIAGE** algorithm (page 4) to determine priority for ICU admission, intubation and/or mechanical ventilation.
- Reassess need for ICU/ventilator treatment daily after 48–72 hours of ICU care.

**Triage Level 3:**

- Continue to use **HOSPITAL AND ICU/VENTILATOR ADMISSION TRIAGE** algorithm (page 4) to determine priority for ICU, intubation and/or mechanical ventilation.
- Triage more yellow patients to floor on oxygen or CPAP.
- Triage more red patients who are intubated and on CPAP to floor.

See pages 4 and 5 for triage algorithm and supporting tools.
(a) EXCLUSION CRITERIA for Hospital Admission:
The patient is excluded from hospital admission or transfer to critical care if ANY of the following is present:

1. Known Do Not Attempt Resuscitation (DNAR) or Out of Hospital-DNR (OOH-DNR) status.
2. Severe and irreversible chronic neurologic condition with persistent coma or vegetative state.
4. Traumatic injury: Severe traumatic brain injury, hemodynamically unstable traumatic injuries requiring more than 10 units of blood transfusion, or more than one pressor, ARDS requiring high peep >15 or HFOV; Revised Trauma Score <2 [see (e)]. Revised Trauma Score: ______
5. Severe burns with anticipated survival "Low," "Low/Expectant" or "Expectant" as indicated by age and burn size on the Triage Decision Table For Burn Victims (f). Burns not requiring critical care resources may be cared for at the local facility. Score ______
6. Cardiac arrest not responsive to ACLS interventions within 20–30 minutes.
7. Known severe dementia medically treated and requiring assistance with activities of daily living.
8. Advanced untreatable neuromuscular disease (such as ALS or end-stage MS) requiring assistance with activities of daily living or chronic ventilatory support.
10. End-stage organ failure meeting the following criteria:
   - Heart: NEW YORK HEART ASSOCIATION (NYHA) FUNCTIONAL CLASSIFICATION SYSTEM Class III or IV (g). Class: _____
   - Lung (any of the following):
     - Chronic Obstructive Pulmonary Disease (COPD) with Forced Expiratory Volume in one second (FEV1) <25% predicted baseline, PaO2 <55 mm Hg, or severe secondary pulmonary hypertension.
     - Cystic fibrosis with post-bronchodilator FEV1 <30% or baseline PaO2 <55 mm Hg.
     - Pulmonary fibrosis with VC or TLC <60% predicted, baseline PaO2 <55 mm Hg, or severe secondary pulmonary hypertension.
     - Primary pulmonary hypertension with NYHA class III or IV heart failure (g), right atrial pressure >10 mm Hg, or mean pulmonary arterial pressure >50 mm Hg.
   - Liver: MELD SCORE >20 or Pugh Score >7 (h), when available. Includes bilirubin, INR, ascites, encephalopathy. MELD score calculators available online. PUGH Score table on page 7. MELD: _____ PUGH: _____

(b) Modified Sequential Organ Failure Assessment (MSOFA) Score

<table>
<thead>
<tr>
<th>Variable</th>
<th>Score 0</th>
<th>Score 1</th>
<th>Score 2</th>
<th>Score 3</th>
<th>Score 4</th>
<th>Score for each row</th>
</tr>
</thead>
<tbody>
<tr>
<td>SpO2/FIO2 ratio* or nasal cannula or mask 0% required to keep SpO2 &gt;90%</td>
<td>SpO2/FIO2 &gt;400 or room air SpO2 &gt;90%</td>
<td>SpO2/FIO2 316-400 or SpO2 &gt;90% at 1–3 L/min</td>
<td>SpO2/FIO2 231-315 or SpO2 &gt;90% at 4–6 L/min</td>
<td>SpO2/FIO2 151-230 or SpO2 &gt;90% at 7–10 L/min</td>
<td>SpO2/FIO2 150 or SpO2 &gt;90% at &gt;10 L/min</td>
<td></td>
</tr>
<tr>
<td>Jaundice</td>
<td>no scleral icterus</td>
<td>clinical jaundice/ scleral icterus</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hypotension</td>
<td>None</td>
<td>MABP &lt;70</td>
<td>dop &lt;5</td>
<td>dop 5–15 or epi ≤0.1 or norepi ≤0.1</td>
<td>dop &gt;15 or epi &gt;0.1 or norepi &gt;0.1</td>
<td></td>
</tr>
<tr>
<td>Glasgow Coma Score</td>
<td>15</td>
<td>13–14</td>
<td>10–12</td>
<td>6–9</td>
<td>&lt;6</td>
<td></td>
</tr>
<tr>
<td>Creatinine level, mg/dL (use ISTAT)</td>
<td>&lt;1.2</td>
<td>1.2–1.9</td>
<td>2.0–3.4</td>
<td>3.5–4.9</td>
<td>&gt;5 or urine output &lt;200 mL in 24 hours</td>
<td></td>
</tr>
</tbody>
</table>

MSOFA score = total scores from all rows:

* SpO2/FIO2 ratio:
  - SpO2 = Percent saturation of hemoglobin with oxygen as measured by a pulse oximeter and expressed as % (e.g., 95%); FIO2 = Fraction of inspired oxygen; e.g., ambient air is 0.21
  - Example: if SpO2 = 95% and FIO2 = 0.21, the SpO2/FIO2 ratio is calculated as 95/0.21 = 452

† Hypotension:
  - MABP = mean arterial blood pressure in mm Hg [diastolic + 1/3(systolic - diastolic)]
  - dop= dopamine in micrograms/kg/min
  - epi = epinephrine in micrograms/kg/min
  - norepi = norepinephrine in micrograms/kg/min

(c) ICU/Ventilator INCLUSION CRITERIA

Patient must have NO EXCLUSION CRITERIA (a) and at least one of the following INCLUSION CRITERIA:

1. Requirement for invasive ventilatory support
   - Refractory hypoxemia (SpO2 <90% on non-rebreather mask or FIO2 >0.85)
   - Respiratory acidosis (pH <7.2)
   - Clinical evidence of impending respiratory failure
   - Inability to protect or maintain airway

2. Hypotension* with clinical evidence of shock** refractory to volume resuscitation, and requiring vasopressor or inotrope support that cannot be managed in a ward setting.

   *Hypotension = Systolic BP <90 mm Hg or relative hypotension
   **Clinical evidence of shock = altered level of consciousness, decreased urine output or other evidence of end-stage organ failure
(d) GLASGOW COMA SCORE (GCS)
The GCS is used as part of the REVISED TRAUMA SCORE (RTS) in determining exclusion criteria for hospital admission in the case of pandemic flu at triage levels 2 and 3.

<table>
<thead>
<tr>
<th>Glasgow Coma Scoring Criteria</th>
<th>Score</th>
<th>Criteria Score</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Best Eye Response</strong> (4 possible points)</td>
<td>No eye opening</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Eye opens to pain</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>Eye opens to verbal command</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Eyes open spontaneously</td>
<td>4</td>
</tr>
<tr>
<td><strong>Best Verbal Response</strong> (5 possible points)</td>
<td>No verbal response</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Incomprehensible sounds</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>Inappropriate words</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Confused</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Oriented</td>
<td>5</td>
</tr>
<tr>
<td><strong>Best Motor Response</strong> (6 possible points)</td>
<td>No motor response</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Extension to pain</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>Flexion to pain</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Withdraws from pain</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Localizes to pain</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>Obeyes commands</td>
<td>6</td>
</tr>
</tbody>
</table>

**Total Score** (add 3 subscores; range 3 to 15): 

(e) REVISED TRAUMA SCORE (RTS)
Values for the REVISED TRAUMA SCORE (RTS) range from 0 to 7.8408. The RTS is heavily weighted toward the GLASGOW COMA SCORE (GCS) to compensate for major head injury without multisystem injury or major physiological changes. The RTS correlates well with the probability of survival. A Revised Trauma Score of <2 is an exclusion criterion for hospital admission during a pandemic flu at triage levels 2 and 3.
(f) TRIAGE DECISION TABLE FOR BURN VICTIMS

A burn score of “Low” or worse on this table is an exclusion criterion for hospital admission in the case of pandemic flu at triage levels 2 and 3.

<table>
<thead>
<tr>
<th>Age (yrs)</th>
<th>0–10%</th>
<th>11–20%</th>
<th>21–30%</th>
<th>31–40%</th>
<th>41–50%</th>
<th>51–60%</th>
<th>61–70%</th>
<th>71–80%</th>
<th>81–90%</th>
<th>91%+</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 – 1.9</td>
<td>Very high</td>
<td>Very high</td>
<td>Very high</td>
<td>High</td>
<td>Medium</td>
<td>Medium</td>
<td>Medium</td>
<td>Low</td>
<td>Low</td>
<td>Low/ low/ expectant</td>
</tr>
<tr>
<td>2.0 – 4.9</td>
<td>Outpatient</td>
<td>Very high</td>
<td>Very high</td>
<td>High</td>
<td>High</td>
<td>High</td>
<td>Medium</td>
<td>Medium</td>
<td>Low</td>
<td>Low</td>
</tr>
<tr>
<td>5.0 – 19.9</td>
<td>Outpatient</td>
<td>Very high</td>
<td>Very high</td>
<td>High</td>
<td>High</td>
<td>High</td>
<td>Medium</td>
<td>Medium</td>
<td>Medium</td>
<td>Low</td>
</tr>
<tr>
<td>20.0 – 29.9</td>
<td>Outpatient</td>
<td>Very high</td>
<td>Very high</td>
<td>High</td>
<td>High</td>
<td>Medium</td>
<td>Medium</td>
<td>Medium</td>
<td>Low</td>
<td>Low</td>
</tr>
<tr>
<td>30.0 – 39.9</td>
<td>Outpatient</td>
<td>Very high</td>
<td>Very high</td>
<td>High</td>
<td>Medium</td>
<td>Medium</td>
<td>Medium</td>
<td>Low</td>
<td>Low</td>
<td>Low</td>
</tr>
<tr>
<td>40.0 – 49.9</td>
<td>Outpatient</td>
<td>Very high</td>
<td>Very high</td>
<td>Medium</td>
<td>Medium</td>
<td>Medium</td>
<td>Medium</td>
<td>Low</td>
<td>Low</td>
<td>Low</td>
</tr>
<tr>
<td>50.0 – 59.9</td>
<td>Outpatient</td>
<td>Very high</td>
<td>Very high</td>
<td>Medium</td>
<td>Medium</td>
<td>Medium</td>
<td>Low</td>
<td>Low</td>
<td>Low/ expectant</td>
<td>Low/ expectant</td>
</tr>
<tr>
<td>60.0 – 69.9</td>
<td>Very high</td>
<td>Very high</td>
<td>Medium</td>
<td>Medium</td>
<td>Low</td>
<td>Low</td>
<td>Low</td>
<td>Low/ expectant</td>
<td>Low/ expectant</td>
<td>Low/ expectant</td>
</tr>
<tr>
<td>70.0+</td>
<td>Very high</td>
<td>Medium</td>
<td>Medium</td>
<td>Low</td>
<td>Low</td>
<td>Low</td>
<td>Low</td>
<td>Low</td>
<td>Expectant</td>
<td>Expectant</td>
</tr>
</tbody>
</table>

Outpatient: Survival and good outcome expected, without requiring initial admission; Very high: Survival and good outcome expected with limited/short-term initial admission and resource allocation (straightforward resuscitation, LOS <14–21 days, 1-2 surgical procedures); High: Survival and good outcome expected (survival ≥90%) with aggressive and comprehensive resource allocation, including aggressive fluid resuscitation, admission ≥14–21 days, multiple surgeries, prolonged rehabilitation; Medium: Survival 50–90% and/or aggressive care and comprehensive resource allocation required, including aggressive resuscitation, initial admission ≥14–21 days, multiple surgeries and prolonged rehabilitation; Low: Survival ≤50% even with long-term aggressive treatment and resource allocation; Expectant: Predicted survival ≤10% even with unlimited aggressive treatment.

(g) NEW YORK HEART ASSOCIATION (NYHA) FUNCTIONAL CLASSIFICATION SYSTEM

The NYHA functional classification system relates symptoms to everyday activities and the patient’s quality of life. NYHA Class III or IV heart failure are exclusion criteria for hospital admission in the case of pandemic flu at triage levels 2 and 3.

<table>
<thead>
<tr>
<th>NYHA Classes</th>
<th>Patient Symptoms</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class I (Mild)</td>
<td>No limitation of physical activity. Ordinary physical activity does not cause undue fatigue, palpitations or dyspnea.</td>
</tr>
<tr>
<td>Class II (Mild)</td>
<td>Slight limitation of physical activity. Comfortable at rest, but ordinary physical activity results in fatigue, palpitations or dyspnea.</td>
</tr>
<tr>
<td>Class III (Moderate)</td>
<td>Marked limitation of physical activity. Unable to carry out physical activity without discomfort. Symptoms of cardiac insufficiency at rest. If any physical activity is undertaken, discomfort is increased.</td>
</tr>
</tbody>
</table>

(h) PUGH SCORE

A total PUGH SCORE ≥7 is an exclusion criterion for hospital admission in the case of pandemic flu at triage levels 2 and 3.

<table>
<thead>
<tr>
<th>Scoring Criteria</th>
<th>Value</th>
<th>Points</th>
<th>Total for criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Serum Bilirubin</td>
<td>&lt;2 mg/dL</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2–3 mg/dL</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td></td>
<td>&gt;3 mg/dL</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Serum Albumin</td>
<td>&gt;3.5 g/dL</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2.8–3.5 g/dL</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td></td>
<td>&lt;2.8 g/dL</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>INR</td>
<td>&lt;1.70</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1.71–2.20</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td></td>
<td>&gt;2.20</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Ascites</td>
<td>None</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Controlled medically</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Poorly controlled</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Encephalopathy</td>
<td>None</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Controlled medically</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Poorly controlled</td>
<td>3</td>
<td></td>
</tr>
</tbody>
</table>

Total Pugh Score

Score interpretation

<table>
<thead>
<tr>
<th>Total PUGH SCORE</th>
<th>Class</th>
<th>Life expectancy 15–20 years Abdominal surgery perioperative mortality 10%</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 to 6</td>
<td>A</td>
<td>Life expectancy 15–20 years Abdominal surgery perioperative mortality 10%</td>
</tr>
<tr>
<td>7 to 9</td>
<td>B</td>
<td>Liver transplant evaluation indicated Abdominal surgery perioperative mortality 30%</td>
</tr>
<tr>
<td>10 to 15</td>
<td>C</td>
<td>Life expectancy 1 to 3 years Abdominal surgery perioperative mortality 82%</td>
</tr>
</tbody>
</table>
DEFINITIONS
USED IN THIS DOCUMENT

Emergency patients: Those patients whose clinical conditions indicate that they require admission to the hospital and/or surgery within 24 hours.

Elective surgery:
- Category 1: Urgent patients who require surgery within 30 days.
- Category 2: Semi-urgent patients who require surgery within 90 days.
- Category 3: Non-urgent patients who need surgery at some time in the future.

Long-term care facility: A residential program providing 24-hour care, to include: Nursing Homes, Skilled Nursing Facilities, Assisted Living 1 and 2, Residential Care Facilities, and Intermediate Care for the Mentally Retarded (ICFMR) facilities.

Palliative care: In the setting of an overwhelming medical crisis, palliative care helps improve patient symptoms such as shortness of breath, pain and anxiety. Palliative care teams also support patient and family spiritual and/or emotional pain.

REFERENCES

This document was developed following review and partial adaptation of the following articles:


